KINESIOTAPE

GROWING ROLE IN PEDIATRIC CARE

WHAT IS KT TAPE?

- 100% made from a gentle cotton fiber strip, latex-free, medical grade acrylic adhesive
- Hypoallergenic
- Water-resistant
- Can be worn for multiple days
- Options for sensitive skin
- Tension on tape has the ability to relax or stimulate muscles



HOW DOES IT WORK?

- Kinesiotaping (KT) taping works by providing increased stability and support to the muscles and joints without restricting joint range of motion.
- KT tape is best known for its' properties in reducing pain, swelling, and increasing blood flow by lifting the skin.
- It has recently gained popularity for its' treatment benefits in childhood and infancy.
- KT tape works by activating weak or injured muscles, providing inhibition for muscle overactivity, or assisting in biomechanical postural correction.

TAPE FUNCTIONS Accelerate healing

Increase endurance

Improve posture

Muscle relaxation

Proprioceptive awareness

CONNECTIONS Prevent overuse

Connect. Learn. Grow

Reduce swelling



"A MODALITY TO HELP KIDS PERFORM AT THEIR BEST!"



PEDIATRIC USES

Kinesiotaping has shown proven clinical benefits in the following pediatric conditions:



- Gross motor delay
- Toe clawing
- Hemiplegia
- Brachial Plexus injuries
- Cerebral Palsy
- Growth spurts
- Abdominal support
- Torticollis
- Toe walking
- Supination/pronation foot positioning issues
- Decreased oral motor skills
- Joint hyper-mobility
- Scoliosis
- Low muscle tone

Plus many more...

CONNECTIONS PEDIATRIC THERAPY

PAGE 2